

## **Adult Education Programs**

### **Night Owl Hike at the Robert's Bird Sanctuary**

**Saturday, February 6th 5:30 to 7:00 PM**

Take an evening walk of the park with the chance to hear or see one of the many owl species of Minnesota. A guide will lead you through the park as well as through the life of an owl. Meet at the western gate near the Lake Harriet Bandshell. Register at [minneapolisparks.org](http://minneapolisparks.org) or call 612-313-7725. \$5

### **Sunset Snowshoe Hike on the Chain of Lakes**

**Sunday February 14, 4:00-6:00 PM**

Snowshoe on the Chain of Lakes at sunset, looking for wildlife and viewing wildlife areas that are inaccessible during warmer months. Snowshoes provided. Meet at the North Beach parking lot at Lake Calhoun on Excelsior Boulevard. Register at [minneapolisparks.org](http://minneapolisparks.org) or call 313-7725. \$15

## **Family Programs**

### **Come Out and Play Family Nature Club**

"Come out and Play" is a free, no-registration, no-obligation program sponsored by Minneapolis Parks that encourages families to get out and enjoy nature! Research shows that kids who spend time in nature are more relaxed, sleep better, and enjoy better physical health than those who spend the majority of their time indoors. Fall has us in its crisp embrace and winter is not far behind, let's enjoy it! Get outside and have some fun exploring your wonderful urban park system!

Join a play group leader and their kids for some completely unstructured, un-directed play in nature! We do this monthly and encourage families with children to join us. Skip the constructed playgrounds or the "indoor parks" for a day and join us in a natural setting. Each month we'll pick a new location in a Minneapolis Park. We'll let you know where the parking is, the deal with bathrooms, and even provide all the equipment you and your little ones need to have fun in nature. Kids of all ages are welcome, including (of course) babes-in-arms. Strollers are welcome but we are not always on paved trails. There is no charge for attending, it's a free playgroup. No registration needed, just show up! Rain, sleet or snow, its fun to be outside. Please bring drinking water, warm clothes, and snacks if desirable. Many families bring food for a picnic lunch as well. Please dress for cool weather. A Cool Weather tip is to dress in layers! A hat, mittens, and wind-resistant outer layer are suggested. Wearing a hat is the best way to stay warm outdoors.

### **Saturday, Feb. 27, 10:30 a.m. to Noon – Minnehaha Park – 4801 S. Minnehaha Park Dr**

Where to Meet: The Minnehaha Park Pavilion. From there we'll head out to see the falls at overlooks and walk along the high bluffs along the gorge of the creek. We'll find good places to explore along the edge of the woods and open areas near the falls.

Parking: There is a pay lot on Godfrey Parkway just east of the Minnehaha Ave traffic circle. Free street parking is also available just south of the traffic circle on Minnehaha Ave.

Bathrooms: Available at pavilion.

Park Information: The 193-acre park features a 53-foot waterfall, limestone bluffs and river overlooks. The park contains oak, elm, silver maple, basswood, hackberry and cottonwood trees, as well as native and prairie woodland wild flowers.

For more information or to be added to the mailing list contact 612-313-7725 or

[jmcbride@minneapolisparks.org](mailto:jmcbride@minneapolisparks.org).

Updated information is also posted at [minneapolisparks.org/natureclub](http://minneapolisparks.org/natureclub).

## **Children's Programs**

### **Nature Nuts: Beasts and Feasts**

Four – one hour sessions, 4 weeks in a row.

Learn about winter animals and what they eat while playing games, reading stories, and preparing for tasty treats. Forage like a squirrel, overeat like a bear, learn tasty recipes for quick and easy winter snacks.

- **Painter Recreation Center** – 620 W 34<sup>th</sup> Street – 612-370-4911
- Mondays, 2/22, 3/1, 3/8, 3/15 – 10 to 11a.m.

- **Sibley Recreation Center** – 1900 E 40<sup>th</sup> Street – 612-370-4954
- Mondays, 2/22, 3/1, 3/8, 3/15 – 10:30 to 11:30a.m.

- **Windom South Recreation Center** – 5843 Wentworth Ave S – 612-370-4980
- Wednesdays, 2/24, 3/3, 3/10, 3/17 – 9:30 to 10:30a.m.

### **Nature Nuts: Play Group**

Come with your little one to play and have fun in nature with other children and parents/guardians. Each day will be different but will have nature themes including flowers, bugs, and birds. Most of this play group will occur outside so pull on your winter boots and hats for some outdoor winter fun! For kids up to age 5 with an adult. **This is a Parent/Child program.**

- **Kenwood Recreation Center** – 2101 W Franklin Ave – 612-370-4941
- Thursdays, 2/11, 2/18, 2/25, 3/4 – 10 to 11a.m.

- **Nokomis Recreation Center** – 2401 East Minnehaha Parkway – 612-370-4923
- Thursdays, 2/11, 2/18, 2/25, 3/4 – 10:30 to 11:30a.m.

### **Nature Nuts: Winter Sensations**

Four – one hour sessions, 4 weeks in a row.

Winter is not just white and silent. Lets explore the sights, sounds, smells, and tastes of the season. Listen to the crunch of winter ice, look through ice see frosty patterns and find out how other creatures use their senses to get through the Minnesota winter.

- **King Recreation Center** – 4055 Nicollet Ave S – 612-370-4908
- Tuesdays, 2/11, 2/18, 2/25, 3/4 – 10 to 11a.m.

- **Brackett Recreation Center** – 2728 39<sup>th</sup> Ave S – 612-370-4924
- Wednesdays, 2/17, 2/24, 3/3, 3/10 – 10:30 to 11:30a.m.

- **Creekview Recreation Center** – 5001 Humboldt Ave N – 612-370-4965
- Mondays, 2/15, 2/22, 3/1, 3/8 – 10 to 11a.m.

### **Nature in the Neighborhood: Mad Science**

Four – one hour sessions, 4 weeks in a row.

Put on your lab coats and get ready for experiments. We'll combine silly experiments and crafty projects to make those cold winter days warm. Kids will take home natural creations, concoct edible treats, and make everyday items from recycled material.

- **Hiawatha School Recreation Center** – 4305 E 42<sup>nd</sup> Street – 612-370-4952
- Mondays, 2/22, 3/1, 3/8, 3/15 – 4 to 5p.m.

- **Keeywadin Recreation Center** – 3030 E 53<sup>rd</sup> Street – 612-370-4956
- Mondays, 2/22, 3/1, 3/8, 3/15 – 4 to 5p.m.

### **Nature in the Neighborhood: Nature's Theatre**

Four – one hour sessions, 4 weeks in a row.

Explore animal and human folklore and how they relate to nature. There are many myths and legends to learn from. Kids will learn about stories from many cultures and create an original production complete with costumes, props and script. Parents and friends are invited to come watch the play on the last day of class.

- **Sibley Recreation Center** – 1900 E 40<sup>th</sup> Street – 612-370-4954
- Wednesdays, 2/10, 2/17, 2/24, 3/3– 3:30 to 4:30p.m.
- **Bryant Square Recreation Center** – 3101 Bryant Ave S – 612-370-4907
- Tuesdays, 2/9, 2/16, 2/23, 3/2 – 3:30 to 4:30p.m.
- **Linden Hills Recreation Center** – 3100 W 43<sup>rd</sup> Street – 612-370-4913
- Tuesdays, 2/11, 2/18, 2/25, 3/4 – 4:30 to 5:30p.m.
- **Luxton Recreation Center** – 112 Williams Ave SE – 612-370-4925
- Tuesdays, 2/18, 2/25, 3/4, 3/11 – 5 to 6p.m.
- **NATURALIST ‘ROUND UP’** (one hour sessions, up to 8 weeks in a row).  
This program is meant for parks where kids hang out but don’t sign-up for classes.  
Naturalists will “round up” available kids for fun, hands-on activities and games. We can include portions of other programs listed in this catalog – tell us what you’re interested in. Topics will vary based on the kids’ interest and age.
- **Central Gym** – 3400 4<sup>th</sup> Ave S – 612-370-4918
- Mondays, 2/8, 2/15, 3/8, 3/15, 3/22 – 4 to 5p.m.
- **Elliot Recreation Center** – 1000 East 14<sup>th</sup> Street – 612-370-4772
- Wednesdays, 2/10, 2/17, 2/24, 3/3 – 4:30 to 5:30p.m.
- **Farview Recreation Center** - 609 29<sup>th</sup> Ave N – 612-370-4922
- Wednesdays, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/24 – 4:30 to 5:30p.m.
- **Harrison Recreation Center** – 503 Irving Ave S – 612-370-4951
- Mondays, 2/8, 2/22, 3/1, 3/8, 3/15 – 5 to 6p.m.
- **Lynnhurst Recreation Center** – 1345 West Minnehaha Parkway – 612-370-4914
- Thursdays, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18 – 4 to 5p.m.
- **McRae Recreation Center** – 906 East 47<sup>th</sup> Street – 612-370-4909
- Tuesdays, 2/9, 2/16, 2/23 – 4:30 to 5:30p.m.
- **Powderhorn Recreation Center** – 3400 15<sup>th</sup> Ave S – 612-370-4960
- Fridays, 2/12, 2/19, 3/5, 3/12, 3/19 – 4:30 to 5:30p.m.
- **Stewart Recreation Center** – 2700 12<sup>th</sup> Ave S – 612-370-4932
- Mondays, 2/8, 2/15 – 4 to 5p.m.
- **Whittier Recreation Center** – 2600 Grand Ave S – 612-370-4966
- Tuesdays, 2/9, 2/16, 2/23, 3/2 – 4 to 5p.m.
- **Windom Northeast Recreation Center** – 2251 Hayes Street NE – 612-370-4905
- Fridays, 2/12, 2/19 – 7 to 8:00pm

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